

CREST VIEW MANOR

WEEK FOUR

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
B R E A K F A S T	JUICE OF THE DAY TOAST SAUSAGE HOT CEREAL EGG OF CHOICE GR:FRUIT/PARSLEY	JUICE OF THE DAY PANCAKES SYRUP HOT CEREAL EGG OF CHOICE GR:FRUIT/KALE	JUICE OF THE DAY TOAST BACON HOT CEREAL EGG OF CHOICE GR:FRUIT/PARSLEY	JUICE OF THE DAY TOAST HASH BROWNS HOT CEREAL OMELET GR:FRUIT/KALE	JUICE OF THE DAY BELGIAN WAFFLE SYRUP HOT CEREAL EGG OF CHOICE GR:FRUIT/PARSLEY	JUICE OF THE DAY COFFEE CAKE OR MUFFIN BACON HOT CEREAL EGG OF CHOICE GR:FRUIT/KALE	JUICE OF THE DAY FRENCH TOAST SYRUP HOT CEREAL EGG OF CHOICE GR:FRUIT/PARSLEY
L U N C H	ROAST TURKEY DRESSING & GRAVY CRANBERRY SAUCE GREEN BEANS MASHED POTATOES/GRAVY HOT ROLLS PUMPKIN PIE <i>HAM SLICE WITH SAUCE*</i>	MEAT CHEESE LASAGNA GARLIC BREAD PEACH HALVE ZUCCHINI TOSSED SALAD STRAWBERRY SHORTCAKE <i>COTTAGE CHEESE FRUIT PLATE*</i>	MEAT LOAF MUSHROOM GRAVY MASHED POTATOES SEASONED SPINACH GARNISH ROLLS BREAD PUDDING <i>CHICKEN TENDERS*</i>	CHICKEN AND DUMPLINGS BROCCOLI BREAD/ BUTTER OATMEAL COOKIES FRUIT CUP <i>COBB SALAD*</i>	BEEF STEW MIXED GARDEN SALAD FRUIT SALAD HOT BISCUIT TAPIOCA PUDDING <i>MACARONI & CHEESE*</i>	CHICKEN STIR FRY W/ WHITE RICE TOMATO/PARSLEY GARNISH CHINESE NOODLES FORTUNE COOKIE VANILLA ICE CREAM <i>COLD TUNA SALAD PLATE*</i>	POT ROAST W/ HORSERADISH SAUCE GARLIC MASHED POTATO MIXED VEGETABLES WINTER WHEAT ROLL WHIPPED LIME JELLO APPLE RING WITH LETTUCE GARNISH <i>CHICKEN FRIED STEAK*</i>
S U P P E R	MINESTRONE SOUP COTTAGE CHEESE ON LETTUCE SEASONAL FRUIT BLUEBERRY MUFFIN VANILLA PUDDING <i>CHICKEN POT PIE*</i>	BEEF VEGETABLE SOUP PIZZA GREEN SALAD/DRESSING CHILLED APRICOTS CUSTARD <i>PEANUT BUTTER & JELLY SANDWICH*</i>	CLAM CHOWDER OYSTER CRACKERS LETTUCE/ PEACH HAM SALAD SANDWICH CHERRY CRISP <i>ROAST BEEF SANDWICH*</i>	BEEF ROTINI PEA SALAD APPLE RING GARNISH GARLIC BREAD PEAR ON LETTUCE BLUEBERRY COBBLER <i>TURKEY SALAD PLATE</i>	MINESTRONE SOUP TUNA SANDWICH CARROT/ RAISIN SALAD CRACKERS ORANGE WEDGE PEACH PIE TART <i>COLD MEATLOAF SANDWICH*</i>	CREAM OF CELERY SOUP ROAST BEEF SUBMARINE SANDWICH CHIPS MELON CUP CUCUMBER/DRESSING <i>GRILLED CHEESE SANDWICH*</i>	CHICKEN VEGETABLE SOUP Meatball Sub Sandwich CHIPS DICED TOMATO/LETTUCE APPLE PIE <i>PEANUT BUTTER AND JELLY SANDWICH*</i>

COFFEE/TEA/MILK ARE SERVED WITH EACH MEAL

***ALTERNATE MEAL IS AVAILABLE DAILY FOR LUNCH AND DINNER, LET THE KITCHEN STAFF KNOW IF YOU DESIRE THE ALTERNATE FOR NOON MEAL BEFORE 10:30 AM, FOR SUPPER MEAL BEFORE 3:30 PM**